

PROGRAMS OFFERED BY THE CHILD DEVELOPMENT UNIT



NEIGHBOURHOOD RESOURCE CENTRES

New Beginnings Family Centre
17-359 Darling Street, 759-8134

Northland Gardens Family Centre
11-56 Memorial Drive, 754-1309

Stepping Stones Resource Centre
36-50 Pontiac Street, 751-3915

- Community centres provide a safe environment filled with hope, pride and acceptance where families can learn and play together.
- Additional partnerships are established on an evolving basis.
- Parent workshops and groups that encourage peer support, problem solving, anger management, educational support to parents as well as assistance on subjects identified in the community.
- Breakfast programs
- **FREE** programs such as Community Kitchen, scrapbooking, adult crafts, boys and girls groups, kids games night, movie night, cooking group etc.



Challenge. Choices. Change.



BEST START – EARLY LEARNING AND PARENTING CENTRES

Major Ballachey School
105 Rawdon Street, 732-8128

Centennial-GrandWoodlands School
41 Ellenson Ave – 759-4570

Bellview School
10th Ave at Dorothy – 752-6041

Branlyn-Notre Dame School
238 Brantwood Park – 732-8127

- **FREE** Adult/child drop-in centre
- Provides parents and children with an opportunity to have one-on-one time with each other, exposure to a variety of activities, circle time and an opportunity to network with neighbours.
- Parenting information and community resources are also available.



ST. JAMES BEST START

St. James Anglican Church, 8 Burwell St.
753-8681 x 208

- **FREE** drop-in program
- Offer a stimulating environment where parents, caregivers and children can socialize and be involved in activities such as creative art, sensory, small group and music circle time.

PATTA CAKE

Brantford Public Library
173 Colbourne Street
753-8681 x 208

- Lively, musical interactive program that stimulates the mind and promotes healthy bonding for parents with infants under 18 months take part in songs, rhymes, and group discussion.
- Parallel programming for older siblings
- Outreach available at various locations. Contact x 208 for further information.

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THE TEEN PARENTING PROGRAM

Family Resource Centre
14 Henry Street, Brantford
753-8681 x240

- **FREE** program co-facilitated with Lansdowne Children's Centre and Brant County Health Unit.
- Designed to meet the specific needs of young parents. Focus is on providing a safe, nurturing environment in which parents and children can engage in play and learn from one another.
- Support parents in their ongoing challenge to raise healthy children and continue with their own personal goals.
- Issues are selected and explored by our participants in a safe, nonjudgmental setting
- Supports parents as they work toward completing their education or gain work experience in the community.
- Family meal is provided.
- Free transportation is provided.
- Fulfills LEAP requirement for parenting hours.



PARENT CHILD INTERACTION PROGRAM (PCI)

By CAS worker referral only.
Family Resource Centre
14 Henry Street, Brantford
753-8681 x240

- PCI is a goal oriented program that allows parents to work with their Family Service Worker to determine specific areas they need to improve or skills they need to demonstrate as it pertains to their family.
- Strength based program that provides support to families in a safe, non-judgmental environment that promotes and encourages successful interaction experiences.
- Hands-on approach to educate parents on child development and build healthy relationships within families.
- Parents are coached through nurturing, play based activities and taught basic parenting skills such as reading cues, directing activities, positive discipline and problem solving.
- Parents are given resource tools, developmental screens and educational equipment/activities to use during the program.
- Group facilitators offer guidance and support the interactions through demonstrations, role modeling, cueing and prompting.

IN HOME FAMILY SUPPORT

By CAS worker referral only.

753-8681 x240

- Hands-on approach to educate parents on child development and build healthy relationships within families.
- Allows parents to work with their Family Service Worker to determine specific areas they request or require assistance with as it pertains to their family.
- A Family Support Worker meets with each family and FSW to assist in developing goals with measurable outcomes.
- A Child Development Worker follows through with the in home parenting support and education.
- Parents are coached through nurturing, play based activities and taught basic parenting skills such as reading cues, directing activities, positive discipline and problem solving as it relates to their goals.
- Based on family strengths, this program provides support to families in their home environment and encourages successful interaction experiences.
- Parents are given resource tools, developmental screens and educational equipment/activities to use in the home. demonstrations, role modeling,