

Hand

In

Hand

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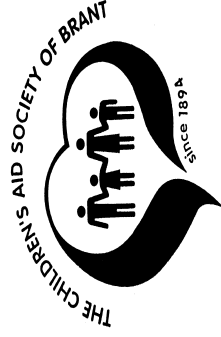
Learn



**For More Information**

To receive more information about our programs or other services available, please contact

753-8681 Ext. 240



TEEN

PARENTING

PROGRAM

The Family Resource Centre  
14 Henry Street  
Brantford, Ontario  
N3T 5R7

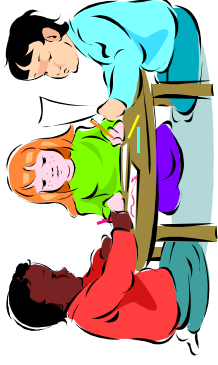
## Program Philosophy

Our program is designed to meet the specific needs of young parents. Our focus is to provide a safe, nurturing environment, in which parents and children can engage in play and learn from one another. We support parents in their ongoing challenge to raise healthy children and continue with their own personal goals.



## Parenting

Fun and educational...our program offers young parents the information they need to expand their parenting skills and learn about child development. Issues are selected and explored by our participants in a safe, non-judgmental environment.



## Interaction

Parents and children enjoy a nutritious meal together followed by quality play time in our nursery. Toys, activities, and unique craft opportunities make this a most exciting hour. Fundraising by parents also allows families to experience special events and outings in our community.

## Special Programming

At various times during the year, special parenting programs are offered to our participants. These programs include:

- Nobody's Perfect
- Growing: Birth to Three
- Right From The Start
- Kids Have Stress Too
- Early Learning Canada
- You Make The Difference

## Other Services Available

Parents are invited to take advantage of our Healthy Bodies cupboard that provides information on immunizations, childhood illnesses, nutrition, healthy and safe sexuality. Personal appointments with a Family Support Worker or Child Development Worker are also available.



## Fees and Transportation

All programs are FREE of charge and can be used to fulfill LEAP requirements.

FREE transportation is provided to participants upon registration.